

# Walk/Run 2011



## September 24

The 4RKids Foundation is a non-profit, 501(c)(3) organization formed in Enid, OK, in 2003. The mission of 4RKids is to **promote community awareness** of developmentally disabled individuals, and to **provide vocational, educational, and social/recreational opportunities** for special needs children and adults in northwest Oklahoma.

This year's race will be run on a certified 5K course. Registration begins at 8:00am and the run begins at 9:00am. Registration price includes a t-shirt. Prizes will be awarded the top two finishers in each age category.

Registration prices: Before September 24: \$25 Day of Run: \$30 Student with ID: \$15

After the run please join us with your friends and family at the David Allen Memorial Ballpark for the

You can register online at [www.getmeregistered.com](http://www.getmeregistered.com) or fill out registration form and return with payment to: 4RKids, 710 Overland Trail, Enid, OK 73703.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Daytime Phone #: \_\_\_\_\_ Evening Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: Male  Female  Shirt Size: S  M  L  XL

In Case of Emergency Contact: Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

I understand the nature of the activity of running in a 5K Run. I certify that I am in good health and in proper physical condition to participate in this activity. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the activity. This includes, but is not limited to falls, contact with other participants, effects of weather, including high heat or humidity, rain, the condition of the road or traffic on the course, all such risks being known and understood by me. I have read this release and waiver of liability, I understand these terms and understand that I have given up substantial rights by signing this agreement, and have signed it freely. I hereby release, discharge and promise not to sue the 4RKids Foundation or members thereof and all further sponsors, their representatives or successors from all claims or liability of any kind arising from my participation in this event even if the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the above groups to use any photograph, motion pictures, video, recordings, or any other record of this event for any legitimate purpose.